

VOLUNTARY BODY DONATION PROGRAM

Department of Anatomy

St John's Medical College

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St. John's

National Academy of
Health Sciences



FIVE DECADES OF EDUCATION, SERVICE, AND RESEARCH ST JOHN'S MEDICAL COLLEGE, BENGALURU

The Voluntary Body Donation Program (VBDP) at St John's Medical College was initiated in the early years of the institution and continues to be a cornerstone of medical education.

Guided by the Karnataka Anatomy Act, 1957, the program provides a legal and ethical framework for the donation and use of human bodies for medical education, training, and research.

Over the past five decades, countless generous donors and their families have contributed to this noble cause, enabling generations of medical students, doctors, health professionals to gain hands-on knowledge of human anatomy. These silent teachers have played an irreplaceable role in shaping competent and compassionate doctors.

The Department of Anatomy at St John's remains deeply indebted to the donors and their families for their selfless contribution to education and society. The Voluntary Body Donation Program reflects the spirit of service that has been at the heart of St John's since its inception, upholding the mission of education, service, and research.



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Health Sciences

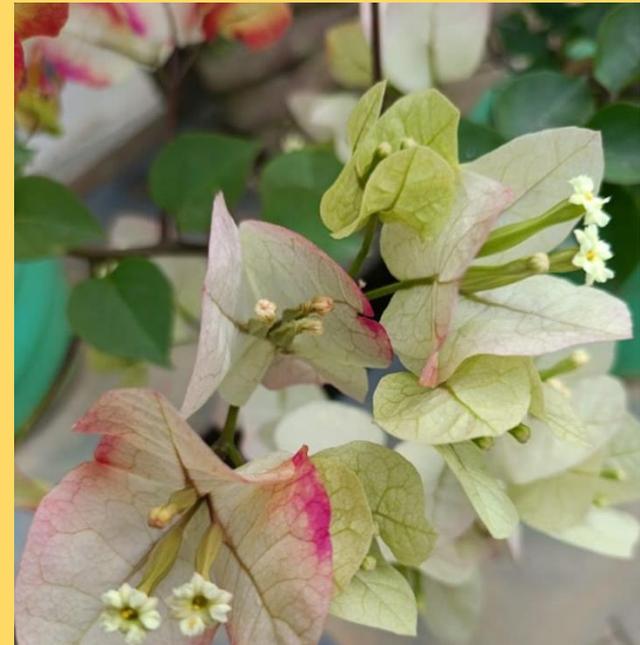
WHAT IS BODY DONATION?



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Is the ***voluntary act*** of ***donating*** one's ***entire body, after death***, to an approved ***medical institution*** with the primary ***purpose*** of advancing ***medical education, training*** and ***research***.





WHY BODY DONATION ?

Cadaver as our *first teacher*
Trainer for surgical training
Resource for medical research

WILL THE BODY BE USED FOR ANY ORGAN TRANSPLANT ?



The body will be used only for the following purposes



Medical and health profession education & Research for detailed understanding of the human body structure and its variations



Surgical hands-on training unmatched realism in replicating human anatomy, allowing trainees to practice complex procedures in a safe, controlled environment before operating on live patients



Museum selected parts may be preserved and maintained as a teaching aid & for public viewing

WHAT DO OUR DONORS SAY.....



"Life after Death -the Dead shall Teach the Living'. Seeing this in St. Johns Anatomy Department was a reaffirmation for me because all through my life, I have wanted to be an eternal teacher.. Talking to the staff and students in the dissection room and the anatomy lab generously and so kindly facilitated by the anatomy department was an unforgettable experience for me.

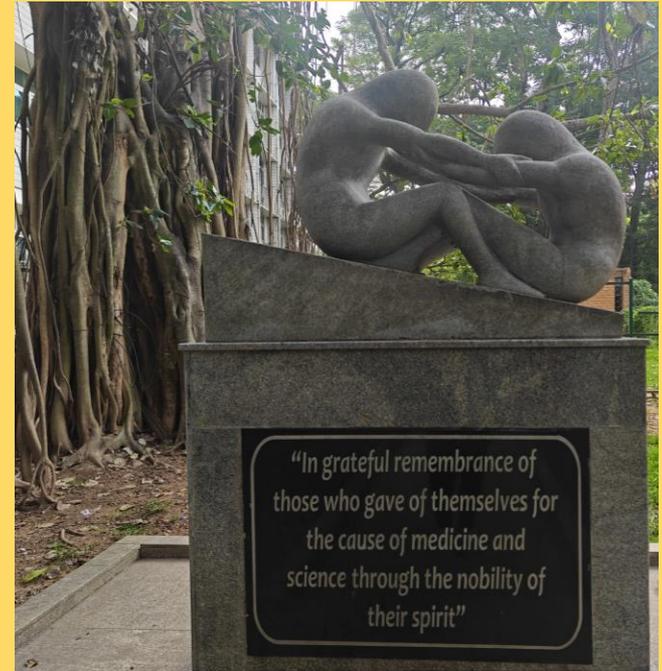
As I was escorted by hand to show everything including the embalming center and the Eternal Grove, there was more than reassurance in my mind that the decision to donate my body is the right one. There is no other way I can think of than to donate myself after my life is over on this earth for the sake of students and researchers.

WHAT DO OUR LEARNERS SAY...

*As I recount the bountiful blessings of GOD!
I wondered in great awe what marvels the lord has done
for me. I was really touched by.....*

*“Here the dead teach the living” Whenever I step into the
dissection hall, I feel greatly blessed to learn explore and
appreciate the mysterious works of my creator how
wonderfully am designed by him and given me this rare
privilege to have this enriching experience to be taught by
the cadavers as our first teacher under the guidance of our
mentors whom I can approach with warmth, love and
wisdom.*

*Am gratefully indebted to this generous and cheerful giver who have donated their bodies for
our deeper learning and understanding.
And I pray that they may rest in the heavenly abode.
Thanks a million.....*



S Akho Lucy M Batch 2024

DIFFERENCE BETWEEN BODY DONATION & ORGAN DONATION

| Body Donation | Organ Donation |
|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
| Full body is used for Education purpose All natural death cases can be accepted. | Select organs are removed from a Certified brain-dead case – and transplanted to another living recipient |
| Greater chances of natural death and body donation. Guaranteed utility for the medical education | Only when suitable recipient is available. Brain death is a matter of Chance. Donor's wish may not be fulfilled in all cases |
| No expenses | Hospitalization expenses |
| Simple registration in Anatomy Dept of any Medical College | Central registration at Zonal Coordination Committee of Karnataka (ZCCK) Bangalore |

PROCESS OF VOLUNTARY BODY DONATION FORM



- Donor visits the department
- Express his/her wish to donate the body after death



- Meets faculty
- Understands the process
- Informs their wish to the family



- Fills the form
- Gets the signatures from two witness
- Submits the filled form along with address proof, a recent photograph



- Verification of filled form and other annexures by faculty



- Collects the acknowledgment and registration card



DONOR BODY SHOULD REACH THE DEPT QUICKLY

A dead body begins to decompose by 4-6 hours after death. After 24 hours the utility of the body for purposes of medical education and research is limited.

Hence the department will be grateful if the relatives/friends of the deceased can arrange to bring the body to the department within 4-6 hours after death.

We will embalm the body (chemical preservation) to prevent further deterioration of the body.



St John's Hospital
ambulance service
number

080 -22065200
+91 -959199033

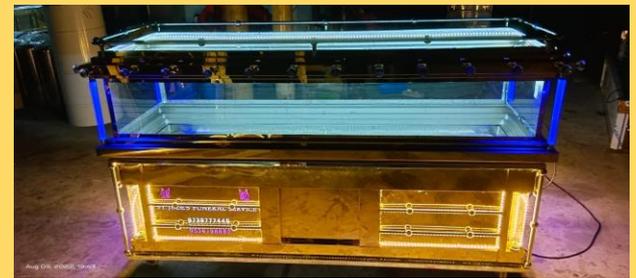
IN CASE OF DELAY IN REACHING THE BODY TO THE ANATOMY DEPARTMENT

Delay is likely due



Family rituals,
Waiting for relatives
Friends to come from far off
places

In such cases of anticipated delay,
we recommend:



The body need to be stored in a **Mortuary cooler** either at home or in a medical college
Mobile refrigeration units are available for hire to keep the body cold preserved at home

NEXT STEP

Step 1: Call and inform the concerned faculty of department

Step 2: Decide to first reach the donor body to the

Anatomy department to preserve in mortuary cooler

Step 3: Remember to carry the required documents

“The department will coordinate with you to schedule a mutually convenient time for your relatives and friends to pay their respects to the body”



DOCUMENTS TO ACCOMPANY THE REGISTERED DONAR BODY WHILE HANDING OVER

MEDICAL CERTIFICATE OF CAUSE DEATH
ST. JOHN'S MEDICAL COLLEGE HOSPITAL

I do hereby certify that the person whose particulars are given below was admitted to the Hospital on: _____
and died in MEDICAL ONCOLOGY (MAIN AND/OR PALLIATIVE) on _____
at _____

Name of Deceased _____
IB No _____
Present Address _____
Name of Mother _____
Age _____ Years Sex Male Female Marital stat Single
Name of Mother _____
Residence on _____ Occupation _____

CAUSE OF DEATH
(Write in BLOCK LETTERS; Do not Abbreviations)

IMMEDIATE CAUSE
Due to (or as consequence of) _____
Interval between onset and death _____

ANTECEDENT CAUSE
Due to (or as consequence of) _____

OTHER SIGNIFICANT CONDITIONS
Contributing to death but not related to disease condition casual sing it _____

MANNER OF DEATH (Tick one) Natural Accident Homicide
Name of Medical Officer (Certifier) Unknown Da _____
Designation _____ Bolstad _____
Date: _____ Time: _____ P.M. or A.M. _____
Signature of Medical Officer (Certifier) _____ Original Copy Sabr (udienry mer)
Contact / Department _____ Contact / Department _____

Aadhaar Card



Identity proof (ID) & Address proof of the donor

Original Death Certificate from Registered Doctor with Registration number specified
Along with one photocopy of the same
The original will be returned immediately

Consent/No objection from the near relatives/guardian

Any other supportive documents

(e.g. will or letter of interest by the deceased for body donation – if available only)

Following the demise at **Home** the concerned members are requested to contact the treating doctor of the deceased to issue **FORM 4A** along with the ID & Address Proof

FORM NO. 4A
(See Rolle 7)

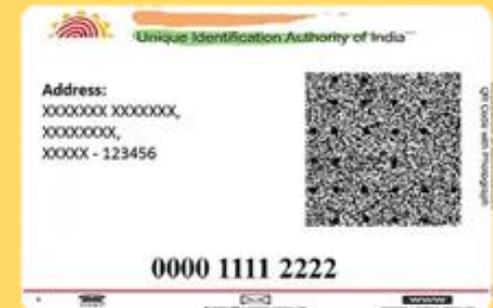
MEDICAL CERTIFICATE OF CAUSE OF DEATH

(For non-Institutional deaths. Not to be used for still bards)

To be sent to Registrar along with Form No. 2 (Death Report)

| | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|
| I hereby certify that the deceased _____ Shry Smt / Ton. _____ who was _____ under my _____ at _____ A M / PM | |
| NAME OF DECEASED | For use of Statistical Office |
| Sea Age at Death Age in completed years If less than 1 year age in months F less than one month age in Days If less than one day. age in Hours | |
| CAUSE OF DEATH I. Immediate cause State the disease, injury m complication which caused death, not the mode of dying such as heart failure, asthma etc. II. Antecedent cause Morbid conditions. if any, giving rise to the above Cause. Stating underlying condition last III. Other significant conditions If deceased was a female, was pregnancy the death associated with ? I. Yes No If. yes, was it a delivery? I. Yes No | |
| Name and signature of the Medical Attendant certifying the cause of death | |
| Date of Certificate | |

Aadhaar Card



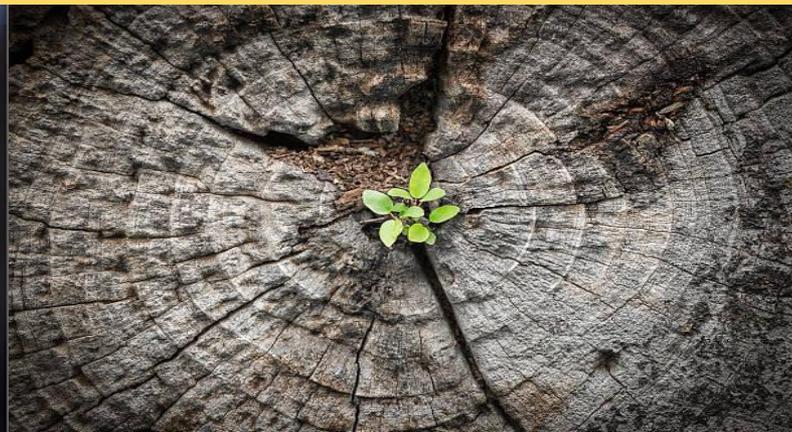
ARE POSTMORTEM BODIES ACCEPTED ?



Postmortem bodies and decomposed bodies,
Medico-Legal Case (MLC)
are **not accepted** for voluntary body donation



Only
NATURAL DEATH
bodies will be accepted



EYE DONATION

In case the donor had wished to donate the eyes (Cornea), steps should be taken by the relatives for the eyes to be removed *within 2 - 4 hours after death*

The entire process is completed within 10-15 mins, therefore, if one pledged to donate his eyes after death, it is the duty of his relatives to inform to the nearest eye bank after his death.

Contact the eye bank for
needful help
Lions Eye Club
080 - 22121255



Thereafter they may hand over the donor body to the Anatomy department

Clear and transparent tissue of the eye called as cornea can be used to restore vision to corneal blind person

ANY PRECONDITIONS FOR BODY DONATIONS



No preconditions for body donation will be entertained by the Institution we would like to encourage only **VOLUNTARY BODY DONATION**

IS IT POSSIBLE TO DONATE A BODY WITHOUT PRIOR REGISTRATION ?

Prior registration is strongly recommended



We Accept unregistered donors

provided the nearest relatives are willing to donate the body.

Please check and discuss with the dept faculty before making the decision to donate the body

WHERE IS THE DONOR BODY RECEIVED ?

Bodies are received at the
Embalming Center,
Department Anatomy,
St John's Medical College.



Relatives must submit the death certificate for verification and provide a written understanding over the body to the Department while handing over

The donor's body will be examined by the doctor, taking into consideration the medical history of the deceased, before accepting the body.

HOW TO REGISTER FOR VOLUNTARY BODY DONATION

- For **Enquiries & Application Forms**

 **Phone:** 080-49466331

 **Email:**

hod.anat@stjohns.in

sjmc.cadlabanat@stjohns.in

- Application forms are available **at the Department of Anatomy**

-  **Working Hours:**

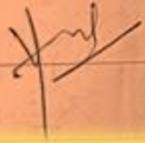
- **Monday – Friday:** 9.00 a.m. – 4.30 p.m.

- **Saturday:** 9.00 a.m. – 1.00 p.m.

Faculty Consultation

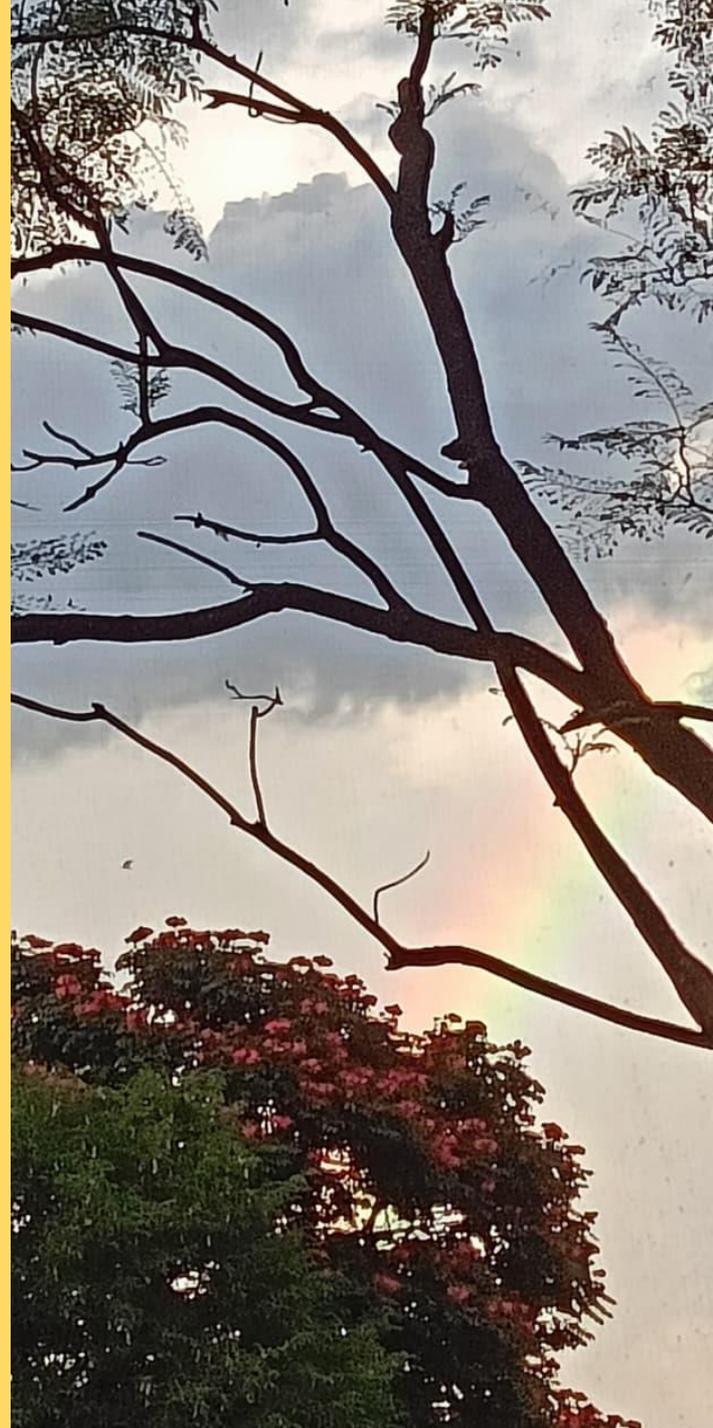
- Walk in during working hours or by prior appointment
- Faculty will clarify your queries and guide you in filling the application forms

THANKS FOR THE EXCELLENT
CONTRIBUTION BY THE ST JOHN'S
HOSPITAL STAFF. THEY HAVE
GONE OUT OF THEIR WAY AND
HAVE BEEN EXTREMELY HELPFUL
IN RECEIVING OUR AUNTY
BODY AND WE HOPE SHE
WOULD BE OF GOOD MEDICAL
USE.



Heartfelt thanks to the fraternity
of St. John's in facilitating my
dear wife to reach the paradise
of entry in Holy Arms of the
Lord - coincidental to her
33 times admission at this
Hospital in 11 years, after she
was detected with Chronic
Kidney Disease on 28.3.2013
and prescribed for Hemodialysis
from 6.4.2013 - sailing
to eternity on 17.10.2023
at 0940 hrs.

We brought Sr. Bridget (Laela Joseph)
to the hospital as per her will to donate
her body. The staff were extremely
respectful of the dead. We are
grateful for their attitude. Thank you -
May God Bless you all!





Loving and caring
service offered by the
entire dept of Anatomy
Thank you so much
Yogeesha, Stephen,
& most importantly
"Jude". God Bless.

Pebare. Jay

Thanks for the ^{attention} of
excellent support.

Keely appreciate the
hard work. by Jude &
team. God Bless you all

Shreef.

Very courteous, kind, helpful
staff. Helped us. proceed
with the process. Smooth

Very kind staff, helpful &
informative & polite.

Thanks to the St John S & Lore
family. My father was
grateful to you for caring for him
mother between 1985 & 1987
and therefore chose St. John's
Medical Center to make him

staff was very
supportive. Thank you
Katherine

Well organized, friendly
staff. Quick procedure
and most of all took utmost
care of the body and
the empathized with family
members.

THE ETERNAL GROVE





THE ETERNAL GROVE

A GARDEN OF REMEMBRANCE

Celebrating Life after Death



We appreciate and thank you for the noble choice that your loved one made

As a sign of our eternal gratitude we have created a space where your family can cherish the memory of your loved one. It is a sacred space where students and members of the academy are reminded of the remarkable gift that your loved one made of their body to medicine, to medical education and research

You are most welcome to visit the Eternal Grove. It is adjacent to the Embalming Centre of the Anatomy Department, opposite the research Institute car park.

In collaboration with Dr Manjulika Vaz Health and Humanities

